



# St. Stephen Martyr Community Newsletter

VOLUME 2, ISSUE 4

OCTOBER 2009

## ST. STEPHEN MARTYR SCHOOL

The parents, faculty and staff of St. Stephen Martyr encourage you to spread the word of what an excellent school we have. At St. Stephen Martyr School, we work together shaping the spirits and minds of all our children. We focus on five core values to meet our diverse student body needs, both academically and spiritually. We strive to develop all students into faithful, caring individuals who will succeed in all they do.

### *We are Shaping Spirits and Minds through:*

#### **Faith Formation**

St. Stephen Martyr teaches the values of the Catholic Faith and meets the spiritual needs of all students. We do this through worship, service, religious studies and the daily living of Catholic values. Students participate in programs including: PeaceBuilders, sacramental preparation, Big/Little Buddies, retreats, liturgy and liturgical ministry roles.

#### **Academic Excellence**

We educate and empower each student to excel academically. Our teachers and staff are committed to working with students of all abilities, ranging from the gifted to those with special needs. We do this by using a number of models and strategies for differentiated learning.

#### **Stewardship and Service**

We encourage our students to become good stewards and serve the needs of others. Our students are involved in a variety of service activities and projects within the school, in the parish and in our local community. These service activities and projects help them develop into community leaders.

#### **Personal Integrity**

We nurture, encourage and educate students to become moral, independent citizens striving to meet the ideals present in our Catholic values. We develop and empower students to become true PeaceBuilders and leaders. A wide array of activities and leadership opportunities are offered to help students identify and become people of personal integrity.

#### **Partnership with Parents and Community**

We work alongside parents, our partners, to help nurture each child under the guidance of Christ's teachings and shape each child's spirit and mind. Parents are recognized as a child's primary educator and also play a vital role within our school community.



**Invite interested friends and family to join us at the St. Stephen Martyr School Open House**  
**Wednesday, October 21, 2009**  
**8:00 a.m. - 11:00 a.m.**  
**1:00 p.m. - 3:00 p.m.**

2931 Pindell Avenue  
Louisville, KY 40217

Church Office:

635-5813

Church Fax:

635-5888

School Office:

635-7141

School Fax:

635-1576

Visit our Webpage  
[www.ssmartyr.org](http://www.ssmartyr.org)

## A Message from our Principal



Mrs. Kalbhin, a past SSM principal was here to visit. She was so excited about the banners that are placed around the property. "How beautiful, and what a strong statement to the neighborhood that here we are," she said. I proceeded to tell her about a workshop I attended that dwelt with increasing enrollment and public relations. The very first thing we had to do was establish a brand. The brand was established my first year. The brand is the hands, the cross, and the book. Our statement is "Shaping Spirits and Minds." The second task we were given was to establish our Core

Values. We took our mission statement and gathered our values of Faith Formation, Academic Excellence, Stewardship and Service, Personal Integrity and Partnership with Parents and the Community. Now everything we do, we plan with our core values in mind. From all of this new life was given to us. People began working immediately on the banners. We now have a fantastic brochure. A mailing list was purchased so we could reach as many families as possible to spread the word about what a fantastic place SSM is. We will be mailing an information card to families also. Now we are asking you to help. If you know of anyone with school-age children, ask them to come to SSM to take a look. We have so much going on here. Ask them to contact our school office. I think I can sell just about anything, but this is so easy to do when people come inside our building. We are so proud of what we have accomplished, and we know only more good things are to come. So let's just shout it out and spread the good news. Tell people to come to our open house. We are ready to show our stuff!

*Margaret Bowen, Principal*

**Do you know someone that  
is looking for a great school?**

**Invite them to the**

**St. Stephen Martyr School Open House**

**Wednesday, October 21, 2009**

**8:00 a.m. - 11:00 a.m.**

**1:00 p.m. - 3:00 p.m.**

## Welcome New Parishioners of our Community....

Charles & Diane Bell  
Jeannine Buhse  
Elizabeth Chrusciel  
Christy Combs & Family  
Kate Filcik  
Jeff & Karen Filcik & Family  
Joseph Hagan  
Mary Ann Kaiser  
Paul & Deanna Kuhn  
Michael & Erica Lasley  
Shawn Lyon & Family  
Anna Mature  
Dusten & Sylvia McKnelly & Family  
Michael & Tammy Phillips & Family  
Charles & Julia Radonich

Jimmy Saylor & Family  
Joe Schneider  
Jerry & Dianna Scott  
Helen Simmons  
Jason & Callie Slone & Family  
Dawn Stein & Family  
Doug Strothman  
Aaron & Carrie Talbott  
Joan Taylor  
Chris & Tiffany Terriaco & Family  
John & Sarah Tluczek & Family  
Marcia Toatley  
Sister Rita Wigginton  
Scott & Trixie Wright & Family

**We extend our  
sincerest sympathy  
to the families of...**

Edward Rachford  
Thomas Irwin  
Anna Jones  
James Haberman  
Lillian Laemmler  
Edwin Chrusciel  
James Owen



## “DEAF”



According to *Webster's New World Dictionary (Third College Edition)*, the word “deaf” is an adjective meaning “totally or partially unable to hear.” Another related word found in *Webster's* is “deaf-mute” and is defined as “a person who is deaf, especially from birth, and therefore unable to speak.”

Note that “Deaf” spelled with a capital “D” is different from deaf or deaf-mute. As defined above, “deaf” could refer to any person who has total or partial inability to hear and they may or may not use vocal speech; “deaf-mute” as defined above is someone who is deaf and does not speak. “Deaf” (with capital D) refers to a culturally based group of persons who have total or partial hearing loss and communicate (speak) with others by utilizing a visual system of signs. In the United States, the system of signs used by the Deaf is called American Sign Language (ASL).

The above distinctions are made to assist our parish, St. Stephen Martyr Church, in welcoming the Catholic Deaf community (culturally Catholic and Deaf). On July 5, 2009, the Catholic Deaf community moved from the old St. Vincent de Paul church site to St. Stephen Martyr Church and joined our community. Our parish has accepted the responsibility for providing Deaf services for all diocesan events and functions. Currently, the Catholic Deaf community has designated the 9:30 a.m. Sunday Mass as the “interpreted” Mass, which means an ASL interpreter will be present. When training is complete, members of the Catholic Deaf community will function as Lectors and Holy Communion Ministers during Mass. We are currently updating our facilities especially by adding technology, like video-phones, so that we will be more accessible to the newest members of our parish community.

Our parish Mission Statement is “to worship God as a Catholic faith community for the salvation of all”; and our parish vision is “to be a community that loves and serves God and one another.”

We welcome the Catholic Deaf Community to St. Stephen Martyr Church!

*Father Randy Hubbard*

## St. Vincent dePaul Update Fall 2009



Members of the SSM St. Vincent de Paul Conference welcome inquirers to come and see what we are about. We meet for one hour once a month, on the third Thursday at 7:30pm in the Ministry House and fun is part of our agenda. Perhaps God is giving you a nudge in our direction. For more information, call our direct line, 635-4414, and you will hear from us.

It is appropriate from time to time to share our Mission Statement, which expresses our ministry: Inspired by Gospel values, the Society of St. Vincent de Paul leads women and men to join together to grow spiritually offering person-to-person service to the needy and suffering in the tradition of its founder, Blessed Frederic Ozanam, and patron, St. Vincent de Paul. Organized locally at the Cathedral of the Assumption in 1853, the Society's members witness God's love by embracing all works of charity and justice. The Society collaborates with other people of good will in relieving need and addressing its causes, making no distinction in those served, because in them, members see the face of Christ.

We are hopeful about the possibility of working with the TOSS (teens of St. Stephen's) students. The energy and vitality of youth merging with the less spry, but dedicated members of our St. Vincent de Paul Conference, provides exhilarating possibilities. Young people bring vitality and fun wherever they go. By our next newsletter we hope to have more specific information in regard to possible future plans.

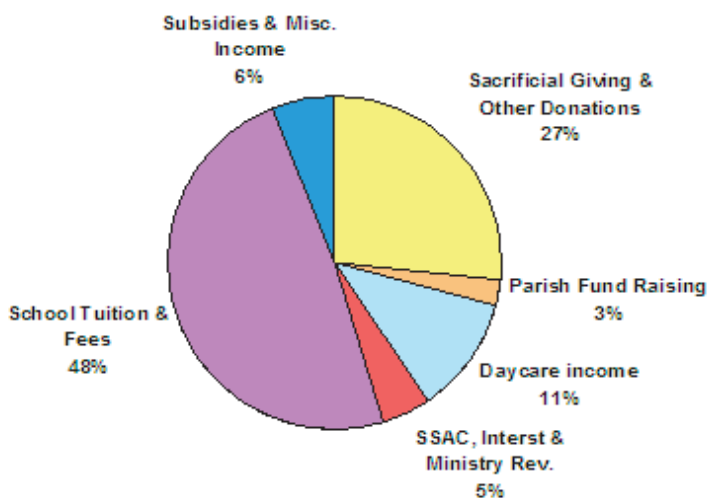
We thank you for your ongoing support through your prayers, food or action. On the average, per month, we help 15 families and spend about \$1,270. Our next projects are the Halloween cartons and the Christmas Caring Trees. God bless you.

*Submitted by Shirley Bowling 458-6962*

## 2009-2010 Parish Operating Budget

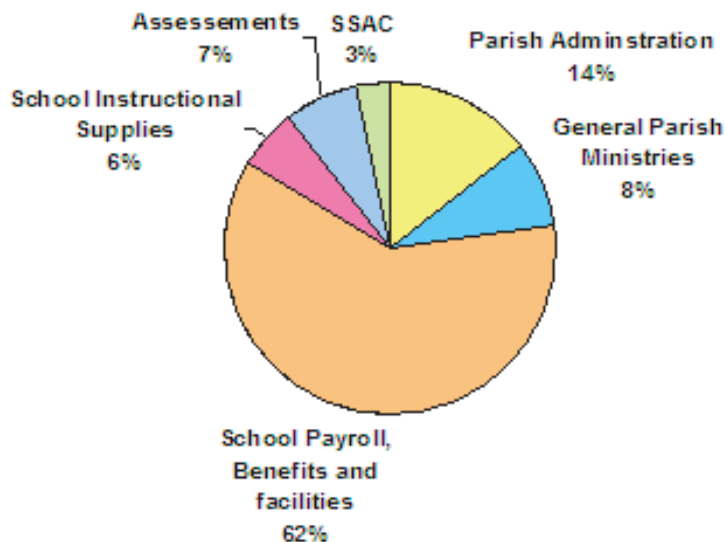
### Income Sources

Sacrificial Giving & Other Donations	\$	662,954
Parish Fund Raising		62,500
Daycare & Summer Care		278,444
SSAC, Interest and Ministries Revenues		119,600
St. Stephen Martyr School (K-8) Tuition & Fees		1,205,914
St. Stephen Martyr School (K-8) Subsidies & Misc. Income		152,000
<b>Total Income</b>	<b>\$</b>	<b>2,481,412</b>



### Parish Operating Expenditures

Parish Administration (Payroll, Grounds & Maintenance)	\$	345,444
General Parish Ministries (Liturgy, Faith Formation, Ministries, St. Stephen's Activity Center)		211,010
St. Stephen Martyr School (Payroll, Grounds & Maintenance)		1,517,851
St. Stephen Martyr School (Instructional Supplies)		143,470
Assessments		179,455
<b>Total Operating Expenditures</b>	<b>\$</b>	<b>2,481,403</b>

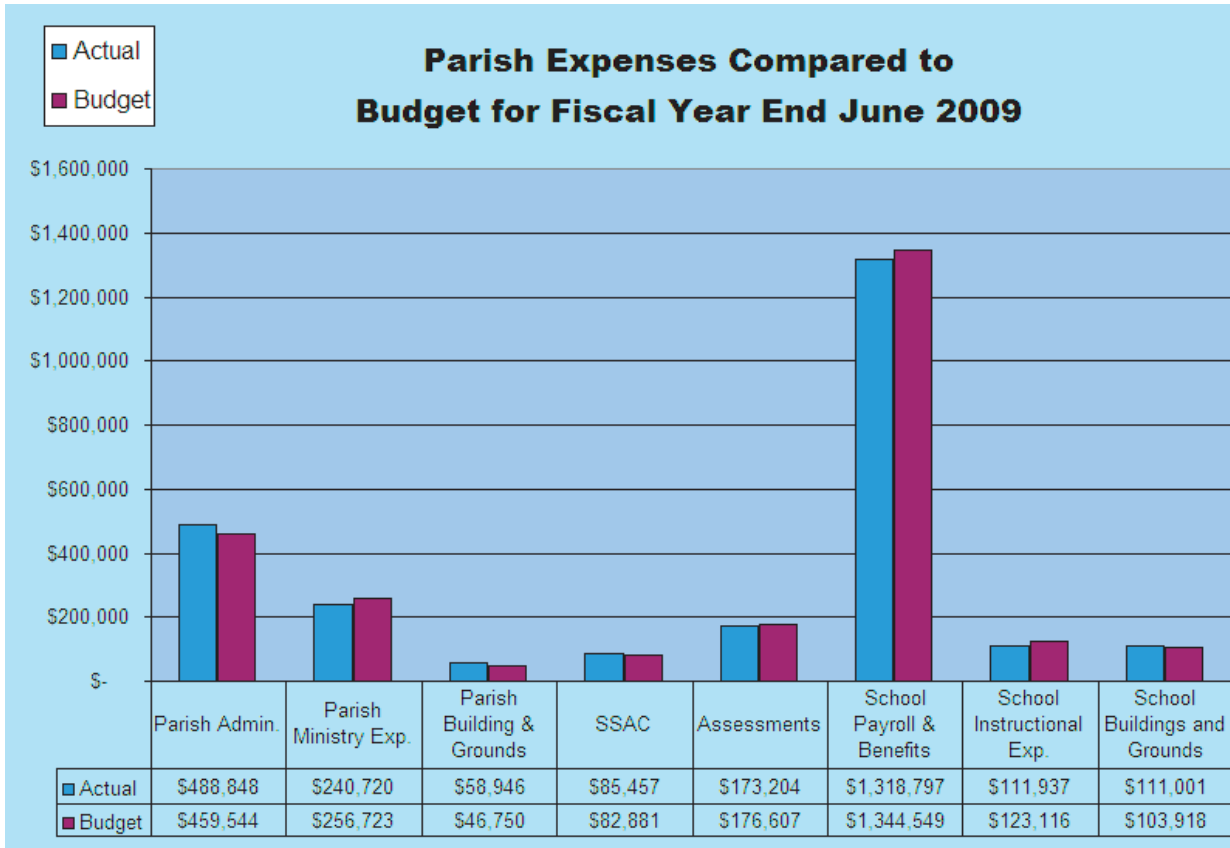
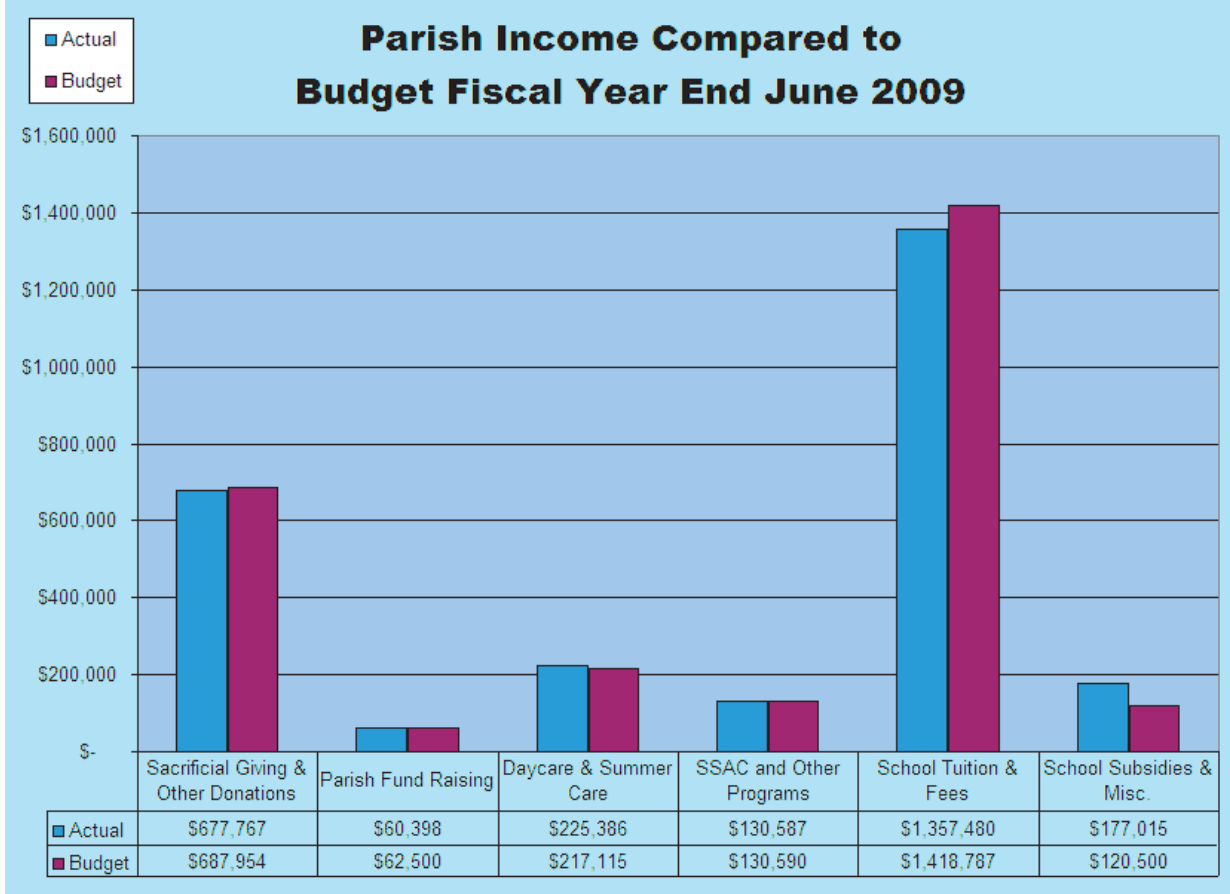


The budget committee met for many difficult meetings from January through April to complete a balanced budget. This year was particularly challenging, as the number of students was down 26 from the previous year. Although salaries were frozen for all staff including teachers, as suggested by the archdiocese, the expenses were still higher. This is due to utilities and insurance rates rising. Although tuition income was projected to be lower with fewer students, the collection and other revenues remained close to last year. This year's budgeted income barely meet the budgeted expenses even after staff was reduced in the school. Our formation programs continue to grow as more families are using our CRE programs, and we have a large group of RCIA each year. The parish continues to be active and vibrant.

On the following page a bar chart shows the actual income and expenses compared to the budget for the last fiscal year ending June 2009. Most accounts were very close to budget with the exception of building and grounds for the parish, school and SSAC. We had many unexpected repairs to heating and air in this fiscal year. Although tuition appeared to be under budget, we received more school subsidies from CEF, School Choice and other supporting parishes than had been budgeted. We had an over all surplus of \$39,724 for the year which was \$1,635 from what was budgeted. From this you can see that our budget committee did a wonderful job of preparing the budget.

*-Kelly Collard, Business Manager*

# 2008-2009 Year End Financial Statement



## HEALTH OF ST. STEPHENS'S (H.O.S.S.)

The Parish Health Ministry is called HOSS, which stands for Health of St. Stephen. We have added many new faces and want to thank all who have been willing to give of their time, talent and treasure to this needed ministry. It is exciting to be a part of such a growing ministry.

**HOSS LOSS at SSM.** This is HOSS's version of the *Biggest Loser* program. This 12-week weight loss program gave motivation, education and companionship and prayer to those that participated. All weigh-ins were recorded confidentially by parish nurses, and there were weekly contests and prizes. Fifty-four people signed up and as a group lost 302.3 pounds. **The Biggest Loser for this 1<sup>st</sup> program was Denise Britt. 2<sup>nd</sup> place Bridget Britt, 3<sup>rd</sup> place Pam Karp and 4<sup>th</sup> place Mary Beth Wright.** Other top losers were Mark Felkamp, Barb White, Betty Roth, Mary White, Melissa Elzey, Debbie White and Patti Norton (plus many more "losers"). Congratulations to all. Thanks for being brave enough to try something new. It doesn't matter if you lost, gained or maintained your weight. It is about the effort, the learning and the knowledge that everyone can support each other. In the course of 12 weeks, we became healthier in mind, body, and spirit.

We hope this program gave people struggling to improve their lifestyle some support, education, companionship and comfort in knowing that they are not alone. Keep moving, praying and trying. Weight loss doesn't happen overnight. It is the journey, not the destination, that makes us winners.

Thanks to all the parish nurses and HOSS members for all the help with the 12-week program. Thanks to all those who have kept this group in their prayers. HOSS LOSS 2 started August 30. This will be a 24-week program with bi-weekly weigh-ins. Keep them in your prayers.

HOSS sponsored American Red Cross Blood Drive in March and August. Thanks to all those who came out and gave the Gift of Life. August was the UL vs. UK challenge.

Thanks to all HOSS members who have worked so hard in the Prayer Garden upgrade. All are welcome to use the garden when needed. New additions currently underway include a mural, mulch, and foliage. It is located behind the Ministry House. The last prayer service had 45 people, and it was a moving prayerful night.

*Submitted by Debbie White, RN (Chairperson of HOSS)*

## CHILL OUT SUNDAE PIE

- 1 ½ cups low-fat graham cracker crumbs (9 whole crackers)
- 3 TBS. fresh orange juice
- ¼ tsp. ground nutmeg
- 1 quart fat-free frozen vanilla yogurt, slightly softened
- 1 medium banana, sliced
- 6 or 7 medium fresh strawberries, sliced
- 1 cup fresh blueberries
- 1 medium kiwi, peeled and thinly sliced (optional)
- 2 TBS. fat-free strawberry topping

Preheat oven to 350 degrees. Lightly spray a 9-inch pie pan with cooking spray. In a small bowl, stir together the graham cracker crumbs, orange juice and nutmeg. Pour in the pie pan. Place plastic wrap on the crumbs and press with your hands to spread the mixture evenly over the bottom and up the sides of the pan. Remove the plastic wrap. Bake crust for 10 minutes. Cool on a wire rack for 15-to 20 minutes. Spoon half the frozen yogurt into the pie crust. Using the back of a large spoon gently spread over the crust. On top, arrange half of the banana, berries and kiwi in a decorative pattern. Top with remaining yogurt, then more fruit. Drizzle with strawberry topping. Cover loosely with plastic wrap. Freeze for at least 1 hour. Remove pie from the freezer 5 to 10 minutes before serving.

{Serves 10- per serving: 175 calories, 37g carbohydrates, 5g protein, 1g fat (0gsaturated), 1mg cholesterol, 1g fiber, 122mg sodium}

*Submitted by Debbie White*  
(American Heart Association's  
"Healthy Family Meals")

## Parish Nurse Committee

The Parish Nurse Committee consist of RN's: Debbie White , Mary Beth Wright, Kathy Gardner, Jennifer Bloom, Cheryl Westbay, Michele Osbourn, Beth Bersot, Melissa Elzey, Ann Payne, Melanie Drury, Margie Burch, and new to the group Denise Britt. In addition to these RNs we have a large RN nursing pool that aids the committee with events around SSM. Parish Nurses all belong to HOSS Committee and work with others in the Parish who are not necessarily in the health profession. The only requirement to join is to have a strong interest in health of mind, body and spirit of the parish. HOSS meets the 4<sup>th</sup> Monday of each month at 7pm in the Ministry House. All are welcome to join.



If you need to contact the Parish Nurses call the HOSS office at 635-4415 and leave your name and number. Currently the phone is answered three times a week. If your message is of an urgent matter you may call the Parish Office and leave your message, and they will contact the Nurses. Also, you can e-mail them at [parishnurses@ssmartyr.org](mailto:parishnurses@ssmartyr.org).

*Submitted by Debbie White, RN (Chairperson of HOSS)*

### SSM 2009 Asthma Walk Team

This year SSM had 17 walkers attend the walk on the Riverfront. They raised \$990 for the American Lung Association. Special thanks to Mary Nitzken, who raised the most money for the third year in a row. Thanks to the school families for their donation from a dress down day.

### MARK YOUR CALENDARS!

**St. Stephen Martyr  
Reverse Raffle  
Live/Silent Auction  
Saturday  
February 6, 2010**



## COSS

Companions of St.  
**Stephen's is the**  
newest health

ministry at SSM. This is a non-medical sitting program for the caregivers of those who cannot be left alone. This program offers those that are the primary caregiver personal time they would not normally have, all while knowing their loved ones are cared for and safe. If you would like to be a companion or know of individuals who could be helped with this ministry, contact Pat Laemmle 637-6622 or Karen Frey at 345-7046.



A NON-PROFIT  
ORGANIZATION  
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LOUISVILLE, KY  
PERMIT NO. 1012

St. Stephen Martyr  
2931 Pindell Avenue  
Louisville, KY 40217



## St. Stephen Martyr Church COMMUNITY HEALTH & SAFETY FAIR

Sunday, October 11, 2009

12:30 pm to 4:00 pm

FREE Gifts, FREE Door Prizes, FREE Screenings  
Activities and FUN for all ages.

*“Celebrating Health through Mind, Body and Spirit”*

OVER 50 BOOTHS

**Flu shots** will be available for anyone 12 years or older. (Medicare B will be filed) Cost \$25

**Norton's Mobile Cancer Prevention Van:** mammograms, breast exams, pap smears, prostate screening with blood work, take-home kits for colorectal cancer screening. Must be 40 years or older and not had test in last year. Call Norton's at 899-6842 to register or sign-up at the Church. **FREE for those eligible.** (Exception: must file insurance for mammogram if have insurance-Anthem not accepted.)

Health Fair is sponsored by The Parish Health Ministry of St. Stephen Martyr Catholic Church. Admission is free but donations of can goods and non-perishable food accepted for The St. Vincent DePaul Conference.